



SOUTHERN  
CALIFORNIA

# LEAGUE OFFERINGS

The USTA League program offers play opportunities for all levels, year round. Once you have a USTA membership and rating, you are ready to start competing in your area.

League play starts at the local level for players 18 and over, and are largely organized according to the National Tennis Rating Program (NTRP) by age group. Top teams from local leagues earn the chance to compete in district and/or sectional championships, while the winners of sectionals advance to **USTA League National Championships**.

League offerings can vary in your area. Below are the major leagues offered, but areas may offer other leagues and programming, including Flex leagues and leagues for players in the 18-39 age range.

## Adult 18 & Over

2 Singles & 3 Doubles  
Men & Women play separately

National Championships  
NTRP 2.5 to 5.0

## Mixed 18 & Over

3 Mixed Doubles  
Men & Women play **together**

National Championships  
Combo NTRP 6.0 to 10.0

## Adult 40 & Over

1 Singles & 3 Doubles  
Men & Women play separately

National Championships  
NTRP 3.0 to 4.5

## Mixed 40 & Over

3 Mixed Doubles  
Men & Women play **together**

National Championships  
Combo NTRP 6.0 to 9.0

## Adult 55 & Over

3 Doubles  
Men & Women play separately

National Championships  
Combo NTRP 6.0 to 9.0

## Adult 65 & Over

3 Doubles  
Men & Women play separately

National Invitationals  
Combo NTRP 6.0 to 9.0

## SoCal Doubles

3 Doubles  
Men & Women play separately

18 & Over  
Sectional Championships

## Tri-Level

3 different NTRP level Doubles  
Men & Women play separately

18 & Over  
National Invitationals

To see what's offered in your area, reach out the Adult League Coordinators:

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